

St Andrew's Church

Orford with Longford

**The Sunday next before Lent**

**23rd February 2020**

*We welcome the Rev. Pam Lovatt as our celebrant and preacher this morning.*

**THE GATHERING**

**Introit hymn:** 1 ‘Awake my soul, and with the sun’ vv1-4, 8

Priest: In the name of the Father and of the Son and of the Holy Spirit. **Amen**

Priest: The Lord be with you

All: and also with you.

All: Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Priest: Jesus said: Before you offer your gift, go and be reconciled. As brothers and sisters in God’s family, we come together to ask our Father for forgiveness.

(After a period of silent reflection)

All: Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your name. Amen.

Priest: Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

**All 🎜 Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

**Collect:** Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

#### **THE LITURGY OF THE WORD**

**A reading from the book of Exodus** *(Ex 24. 12–18)*

The Lord said to Moses, ‘Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.’ So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, ‘Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.’ Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

This is the word of the Lord.

All: Thanks be to God.

**Hymn:** *(remain seated)*  392 ‘Bright the vision that delighted’

**A reading from the second letter of Peter** *(2 Pet 1. 16–21)*

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, ‘This is my Son, my Beloved, with whom I am well pleased.’ We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all, you must understand this, that no prophecy of scripture is a matter of one’s own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

This is the word of the Lord.

All: Thanks be to God.

**Gradual hymn:** *(please stand)* 248 ‘’Tis good Lord to be here’

##### THE GOSPEL

Priest I am the light of the world, says the Lord. Whoever follows me will never walk in darkness but will have the light of life.

All 🎜 Alleluia, alleluia, alleluia. Alleluia, alleluia, alleluia.

Hear the Gospel of our Lord Jesus Christ according to Matthew *(Mt 17. 1–9)*

All 🎜 Glory to you, O Lord

Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, ‘Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.’ While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, ‘This is my Son, the Beloved; with him I am well pleased; listen to him!’ When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, ‘Get up and do not be afraid.’ And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, ‘Tell no one about the vision until after the Son of Man has been raised from the dead.’

This is the Gospel of the Lord

All 🎜 Praise to you, O Christ

##### the sermon

Priest: We believe in one God,

**All: the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercession

Priest: In the power of the Spirit and in union with Christ, let us pray to the Father

*Each section ends:* Lord, in your mercy.

**All: Hear our prayer.**

**Please remember in your prayers:**

**those who are ill:**  (4) Mark Shepherd, Marion Greatorex, Eileen Whitehead, Lynn Shaw (3) Vera Wood, Ann Carmen (2) Lynn Burman, Michael Stringer, Michelle Smith, Joyce Crozier (1) John Hall, Pauline Smith, Pete Harris

* **those who have died:**
* **those whose year's mind falls at this time**:

***Sunday:*** Shaun Mullen, Samuel Gough

***Monday:*** Nell Hollingsworth

***Wednesday:*** Gladys Shelley

***Thursday:*** Emily Rothwell

***Friday:*** Dora Cook

After the final petition:

Reader: Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT

**The Peace**   *(please stand)*

Priest We are the Body of Christ.

All: In the one Spirit, we were all baptized into the one Body. Let us then pursue all that makes for peace, and builds up our common life.

Priest: The peace of the Lord be always with you.

All And also with you

Priest: Let us offer one another a sign of peace.

Everyone is invited to exchange a sign of peace.

**Offertory Hymn:**  572 ‘Sometimes a light surprises’

**Eucharistic Prayer A** *(please kneel)*

Priest: The Lord is here.

All 🎜 His Spirit is with us.

Priest: Lift up your hearts.

All 🎜 We lift them to the Lord.

Priest: Let us give thanks to the Lord our God.

All 🎜 It is right to give thanks and praise.

Priest: It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ your Son our Lord. And now we give you thanks because the divine glory of the incarnate Word shone forth upon the holy mountain before the chosen witnesses of his majesty; and your own voice from heaven proclaimed your beloved Son. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *saying:*

All 🎜 Holy, holy, holy Lord, God of power and might, heaven and earth

**are full of your glory. Hosanna in the highest, highest, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest, highest. Hosanna in the highest, the highest, the highest, the highest.**

Priest: Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Priest: Great is the mystery of faith:

All 🎜 Christ has died: Christ is risen: Christ will come again.

Priest Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise*:*

All 🎜 Blessing and honour and glory and power be yours for ever and ever. Amen.

Priest: Let us pray with confidence as our Saviour has taught us

All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

Priest: We break this bread to share in the Body of Christ.

**All: Though we are many, we are one body,**

**because we all share in one bread.**

All 🎜 Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

Priest: Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

**All: Lord, I am not worthy to receive you,**

**but only say the word, and I shall be healed.**

Holy Communion is administered at the front of Church. Everyone is warmly invited to receive Holy Communion at this Eucharist. Those who prefer to receive a blessing are also invited to come forward at the same time.

During the distribution of the Sacrament, the following hymns are sung:

*Eat this bread, drink this cup, come to him and never be hungry;*

*eat this bread, drink this cup, trust in him and you will not thirst.*

Christ is the bread of life,

the true bread sent from the Father. *Eat this bread…*

Our ancestors ate manna in the desert,

but this is the bread come down from heaven. *Eat this bread…*

Eat his flesh and drink his blood,

and Christ will raise you up on the last day. *Eat this bread…*

Anyone who eats this bread,

will live for ever! *Eat this bread…*

If we believe and eat this bread,

we will have eternal life. *Eat this bread…*

We are marching in the light of God,

We are marching in the light of God,

We are marching in the light of God,

We are marching in the light of God,

We are marching in the light of God,

We are marching, o-oh,

We are marching in the light of God,

We are marching, o-oh,

We are marching in the light of God,

**After Communion:**

Priest: Let us pray: God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour’s cross and enjoy the delights of eternity; through Jesus Christ our Lord. **Amen**

All: Almighty God, we thank you for feeding us with the body and blood of your Son, Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Priest The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen**

**Recessional Hymn:** 628 ‘Ye that know the Lord is gracious’

Priest: Go in peace to love and serve the Lord

All: In the name of Christ. Amen

**Services and Notices for the coming week:**

Tue 25th: No Choir Practice tonight

**Wed 26th: ASH WEDNESDAY**

**7.30pm Solemn Eucharist with Ashing**

**Next Sunday The Sunday next before Lent**

**(3rd Mar) 10.00am Sung Eucharist**

**Tea and Coffee:** are served after this morning’s service. Do join us.

**Electoral Roll:** the Roll is being revised and **everyone** is asked to check their details on the copy on the notice board. If you are not on the Roll, please complete a form and return to the church wardens or PCC Secretary. Return no later than 15th March.

**Ash Wednesday:** there will be a celebration of the Eucharist at 7.30pm. The Archdeacon will preside. **Please make every effort to be there! He is doing this especially for us.**

**Contact Details:** Mrs F Greatorex 07596 722139; Mrs M Harrington 07799 897928; Mr P Thirsk 07903 925949

**The Sunday next before Lent 23rd February 2020**

Priest: In the power of the Spirit and in union with Christ, let us pray to the Father

(All kneel)

Leader: Lord God, your Son Jesus Christ was transformed in the presence of the disciples. Give us a glimpse of your heavenly glory that we might share it with those around us. May your love transform our lives and give us the courage to speak to others about you.

We pray for the English Church in Central America; for its archbishop, bishops, priests and people. Strengthen them in their mission and ministry.

As we prepare for the season of Lent, we pray that you will help us to grow in faith and serve you as true disciples. May we use that time to your glory and the good of your people.

Leader: Lord, in your mercy

**All: Hear our prayer.**

Leader: We pray for our world and for the leaders of the nations. Bless the efforts of statesmen and women around the world in bringing peace and harmony to our troubled world.

We pray for all who have been affected by the adverse weather this week; for those whose homes have been flooded and those who work with them as they begin to rebuild their lives. We pray too for those affected by the Covid virus, and those trying to understand it.

Leader: Lord, in your mercy

**All: Hear our prayer.**

continued over/

Leader: Enfold in your loving arms all who are in any way afflicted or distressed in mind, body or spirit; comfort and relieve them in their need, give them patience in their sufferings, and bring good out of all their afflictions.

We bring before you: Mark Shepherd, Marion Greatorex, Eileen Whitehead, Lynn Shaw, Vera Wood, Ann Carmen, Lynn Burman, Michael Stringer, Michelle Smith, Joyce Crozier, John Hall, Pauline Smith and Pete Harris. May they know the peace that your Spirit brings.

Leader: Lord, in your mercy

**All: Hear our prayer.**

Leader: We remember those who have gone before us in the peace of Christ, and we give you praise for all your faithful ones, with whom we rejoice in the communion of saints.

We pray for the faithful departed and especially those whose anniversary of death falls at this time: Shaun Mullen, Samuel Gough, Nell Hollingsworth, Gladys Shelley, Emily Rothwell and Dora Cook. May your whole Church, living and departed, come to a joyful resurrection in the city of light.

Leader: Lord, in your mercy

**All: Hear our prayer.**

Leader: Rejoicing in the fellowship of the Church on earth, we join our prayers with the Blessed Virgin Mary, St Andrew and all the saints in glory.

Merciful Father,

**All: accept these prayers, for the sake of your Son, our Saviour Jesus Christ. Amen.**

**The Sunday next before Lent 23rd February 2020**

**A reading from the book of Exodus**

The Lord said to Moses, ‘Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.’ So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, ‘Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.’ Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

This is the word of the Lord.

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